

Lasagna Gardening

Lasagna gardening is a no-dig, no-till organic gardening method that results in rich, fluffy soil with very little work from the gardener. The name "lasagna gardening" has nothing to do with what you'll be growing in this garden. It refers to the method of building the garden, which is, essentially, adding layers of organic materials that will "cook down" over time, resulting in rich, fluffy soil that will help your plants thrive. Also known as "sheet composting," lasagna gardening is great for the environment, because you're using your yard and kitchen waste and essentially composting it in place to make a new garden.



Nitrogen rich plants and weeds are pulled out of the ground and laid across the garden bed.

Garden bed is covered with sections of newspaper and paper feedbags. Water is hosed over the paper to help it 'stick' to the ground and accelerate decomposition.



**Garden bed covered with ~ 3 inches of leaves.
Leaves are provided by the city.**



Black heavy plastic is laid over the bed and held down by bricks. The sun cooks the 'lasagna' layers. This process can be started in the fall.

